

**In the Claims:**

Please amend the claims as follows:

Cancel claims 1-2.

3. (Currently Amended) A fitting for lift-slide doors or windows with at least one forend rail and one ~~push~~ rod that can be moved axially on the forend rail and can be fastened in the area of a groove on a casement frame element of the door or window, wherein the forend rail is flat or strip-shaped, and whereby a width of the forend rail is somewhat greater than the width of the drive rod, and whereby the forend rail form edge areas for bearing against a contact surfaces which are formed by recesses on sides of the groove on a casement frame element.
4. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim 3, wherein the fitting comprises at least one running shoe located on a bearing element so that it can be moved on a longitudinal running shoe axis relative to the bearing element for raising and lowering the door or window ~~sash casement~~, and with a coupling element, which connects the at least one running shoe for this movement with a drive element located on one vertical section of the ~~sash casement~~ frame, ~~with a push rod~~, whereby the coupling element is a rigid, rod-like and/or push/pull type coupling element, which is guided in the bearing element and is connected at one end with the drive element and at the other end via a jointed connection with the running shoe.
5. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim 3, wherein the fitting comprises at least one running shoe located on a bearing element so that it can be moved in a longitudinal running shoe axis relative to the bearing element for raising and lowering the door or window ~~sash casement~~, and with a coupling element, which connects the at least one running shoe for this movement with a drive element located on one vertical section of the ~~sash casement~~

frame, with a push rod, whereby the casing of the running shoe is made of one piece.

6. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim ~~± 4~~, wherein the coupling element has the form of a partial ring or arc and is located in the bearing element such that the ring axis is in a plane perpendicular to the door ~~sash casement~~ plane.
7. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim ~~± 4~~, wherein the coupling element is designed as a rack and pinion on its first end and that this end engages with a toothed or perforated section of the drive element.
8. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim ~~± 4~~, wherein the second end of the coupling element is connected via a jointed connection with the running shoe or a casing of the running shoe.
9. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim ~~± 4~~, wherein the coupling element engages with its other end in a coupling opening of the running shoe or of the running shoe casing.
10. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim ~~± 4~~, further comprising an arc-shaped guide in the bearing element for the coupling element.
11. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim ~~± 4~~, wherein the coupling element is manufactured as a preformed part made of metal or plastic.
12. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim ~~± 4~~, wherein the coupling element has a profile that

deviates from the circular form, namely a rectangular or square profile, at least between its two ends.

13. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim ~~± 4~~, wherein the bearing element is designed as an elbow with two legs.
14. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim ~~± 13~~, wherein the drive element is guided on one leg and the running shoe runs in bearings on the other end.
15. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim 13, wherein the coupling element is located in the area of the junction of the two legs in the bearing element.
16. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim ~~± 4~~, wherein the running shoe casing has two walls extending in the longitudinal direction of the running shoe and at a distance from each other, and that at least two rollers can turn on bearings between the two walls.
17. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim ~~± 4~~, wherein the longitudinal walls of the running shoe casing are connected with each other at least on the ends of the running shoe by means of end walls.
18. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim ~~± 4~~, wherein at least one projection forming a guide for the running shoe is located on the bearing element.
19. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim 18, wherein the at least one projection extends into the running shoe casing and forms lateral guide surfaces for inner surfaces of the running shoe casing.

20. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim 18, wherein in that at least one lifting curve is formed on the projection with which a guide or slide element of the running shoe works together.
21. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim 20, wherein the lifting curve is formed by a recess.
22. (Currently Amended) ~~Fitting~~ The fitting as claimed in claim, wherein the slide element is a guide bolt.

Cancel claims 23-25.

26. (Currently Amended) A lift-slide door or window with at least one door or window ~~sash casement~~ located in a door or window frame, with a running carriage or running shoes located in a groove on one lower, horizontal ~~sash casement~~ frame element for raising and lowering and for sliding the ~~sash casement~~, with a gear unit located on one vertical ~~sash casement~~ frame element that is connected with the running shoes by means of a push rod guided via a drive connection on a forend rail for raising and lowering the ~~sash casement~~, whereby the forend rail is ~~fastened to~~ and the push rod is ~~fastened~~ in the area of a groove on one ~~sash casement~~ frame element, wherein the forend rail is a flat or strip-shaped rail; wherein the width of the forend rail is somewhat greater than the width of the drive rod, and wherein the groove for fastening the forend rail is provided with a recess on both sides at its opening or the edge of its opening to form a contact surface against which the forend rail bears against edge areas and that the drive rod is contained in the groove.
27. (Currently Amended) ~~Lift-slide~~ The lift-slide door or window as claimed in claim 26, wherein the push rod {120} has a flat or strip-shaped design.

Cancel claims 28 and 29.

30. (Currently Amended) ~~Lift-slide~~ The lift-side door or window as claimed in claim 26, wherein the groove has a width that is the same or approximately the same as the width of the push rod.

Cancel claims 31-35.